



**Resource and Education Center (REC) Website List**  
**Fox Chase Cancer Center**  
**[www.fccc.edu/patients/rec](http://www.fccc.edu/patients/rec)**

Updated 01/11

The following pages contain websites that have been reviewed by Health Educators of the Resource and Education Center (REC) at Fox Chase Cancer Center. These websites have been evaluated using a scientific tool developed by professor and researcher Dr. Julie Becker. This evaluation tool measures characteristics including, but not limited to, credibility, currency, and comprehensiveness.

*This list of websites is provided for informational and educational purposes only.*

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Site	Address	Description
<b>General Cancer Information</b>		
Fox Chase Cancer Center (FCCC)	<a href="http://www.fccc.edu">www.fccc.edu</a>	Fox Chase Cancer Center home page. Links to all areas of FCCC including the library, doctors, and patient services. This site also offers a Live Help Service for instant help from a cancer education specialist. Visit the Resource and Education Center at <a href="http://www.fccc.edu/patients/rec/">http://www.fccc.edu/patients/rec/</a> 1-888-FOX-CHASE (1-888-369-2427)
National Comprehensive Cancer Network (NCCN)	<a href="http://www.nccn.org">www.nccn.org</a>	Site offers guidelines for cancer treatment and follow-up care from the world's leading cancer centers. 1-888-909-NCCN
OncoLink – University of Pennsylvania  (Spanish Text)	<a href="http://www.oncolink.com">www.oncolink.com</a>	Search for detailed cancer information on this site. This site also has referrals for other cancer related organizations. (215) 349-5445
People Living With Cancer  (Spanish Text)	<a href="http://www.cancer.net">www.cancer.net</a>	Website of the American Society of Clinical Oncology (ASCO) that has oncologist-approved information. This includes types of cancer, treatments and side effects. Also offers support resources, live chats, message boards, and International information links.

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<b>General Cancer Information (continued)</b>		
CancerQuest  (Spanish, Chinese, Italian and Russian Text)	<a href="http://www.cancerquest.org">www.cancerquest.org</a>	Site created to teach patients, friends, family, and the general public about the biology of cancer. Also introduces and explains how cancer begins at the most basic level, the cellular level.
CancerConnection.com	<a href="http://news.cancerconnect.com/">http://news.cancerconnect.com/</a>	Oncology Resource Center that gives detailed screening, treatment, and support information. The site has daily cancer news, understanding cancer videos, and a cancer connect blog.
<b>National Organizations Offering Cancer Information &amp; Services</b>		
National Cancer Institute (NCI)  (Spanish Text)	<a href="http://www.cancer.gov">www.cancer.gov</a>	National Cancer Institute (NCI) website that has cancer information, including prevention, screening, treatment and clinical trials through its PDQ database. Online assistance from a Live Help service is also available.
Cancer Information Service (CIS)	<a href="http://www.cancer.gov/aboutnci/cis">http://www.cancer.gov/aboutnci/cis</a>	Home page of the NCI's Cancer Information Service. The CIS offers NCI publications for ordering and live, online assistance through its Live Help service. 1-800-4-CANCER

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<b>National Organizations Offering Cancer Information &amp; Services (continued)</b>		
Cancer Care  (Spanish Text)	<a href="http://www.cancercare.org">www.cancercare.org</a>	This site offers free professional help to people with all cancers through counseling, education, information and referral. People can also get financial assistance information. 1-800-813-HOPE
American Cancer Society (ACS)  (Spanish, Asian and Pacific Islander Text)	<a href="http://www.cancer.org">www.cancer.org</a>	Site of the American Cancer Society. Includes information on the organization, cancer resources and links to other helpful websites. 1-800-ACS-2345
<b>Brain Tumor Information</b>		
National Brain Tumor Foundation  (Translation of information is optional)	<a href="http://www.braintumor.org">www.braintumor.org</a>	Site offers information about <b>brain tumor</b> treatment options and community resources including support groups. This website also has online community. Call Patient Services at 1-800-934-2873.
American Brain Tumor Association	<a href="http://www.abta.org">www.abta.org</a>	<b>Brain tumor</b> information, treatment options, support resources, and research updates are available through this site. 1-800-886-ABTA

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<b>Breast Cancer, Ovarian Cancer and Other Women's Health Information</b>		
FORCE: Facing Our Risk of Cancer Empowered	<a href="http://brca.com">http://brca.com</a>	This organization shares educational information, support sources and raises awareness of hereditary <b>breast</b> and <b>ovarian cancer</b> . 1-866-824-7475
Breast Cancer Network of Strength (formerly Y-Me National Breast Cancer Organization)  (Spanish, Russian and Asian Text)	<a href="http://www.networkofstrength.org">www.networkofstrength.org</a>	Site provides treatment options related to <b>breast cancer</b> and the patient's diagnosis through their Breast Cancer Profiler. They also have breast cancer information teleconferences. Mainly a supportive web site. 1-800-221-2141
Breastcancer.org	<a href="http://www.breastcancer.org">www.breastcancer.org</a>	Online <b>breast cancer</b> education and communication service that has educational material, emotional support, and a place to share personal experiences.
Susan G. Komen Breast Cancer Foundation  (Spanish Text)	<a href="http://www5.komen.org">http://www5.komen.org</a>	Site for <b>breast cancer</b> information including diagnosis, treatment, complementary therapies, and life after treatment. They also offer support and outreach programs. 1-800 I'M AWARE

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<b>Breast Cancer, Ovarian Cancer and Other Women's Health Information (continued)</b>		
SusanLoveMD.org	<a href="http://www.dslrf.org">www.dslrf.org</a>	Dr. Susan Love's website which provides <b>breast cancer</b> patients with general information, treatment decision aids, on-line chat, and interactive tools.
Young Survival Coalition (YSC)	<a href="http://www.youngsurvival.org">www.youngsurvival.org</a>	Site committed to the concerns and issues that are unique to <b>breast cancer</b> patients who are 40 and under. (212) 206-6610
Ovarian Cancer National Alliance	<a href="http://www.ovariancancer.org">www.ovariancancer.org</a>	Information for <b>ovarian cancer</b> patients, family members, and friends looking for treatment options, research, support, and education. (202) 331-1332
Imaginis	<a href="http://www.imaginis.com">www.imaginis.com</a>	Site gives detailed information on <b>breast cancer</b> and related women's health topics such as hormone replacement therapy (HRT), <b>osteoporosis</b> , and <b>ovarian cancer</b> . Also has in information about medical tests such as biopsy, MRI, and ultrasound.
National Women's Health Information Center  (Spanish Text)	<a href="http://www.womenshealth.gov">www.womenshealth.gov</a>	Site devoted to women's health. Includes a place to search for information and links for many other websites. 1-800-994-WOMAN

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<b>Breast Cancer, Ovarian Cancer and Other Women's Health Information (continued)</b>		
National Women's Health Resource Center (NWHRC)	<a href="http://www.healthywomen.org">www.healthywomen.org</a>	General site for women's health information that offers publications, discussion forums, and other support links. 1-877-986-9472
<b>Head and Neck Cancer Information</b>		
Support for People with Oral and Head and Neck Cancer	<a href="http://www.spohnc.org">www.spohnc.org</a>	Support resources including newsletters, research updates, and a list of local chapters for this organization. Also find links on a variety of <b>oral and head and neck cancer</b> information.
<b>Lung Cancer Information</b>		
It's Time To Focus On Lung Cancer  (Spanish Text)	<a href="http://www.lungcancer.org">www.lungcancer.org</a>	Site committed to improving care for those diagnosed with <b>lung cancer</b> . Gives current and up-to-date information about diagnosis and treatment. Also offers support to lung cancer patients and their loved ones. 1-877-646-LUNG
Lung Cancer Online	<a href="http://www.lungcanceronline.org">www.lungcanceronline.org</a>	Complete online directory for lung cancer information on the Internet and other helpful resources for patients and families.

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<b>Prostate &amp; Other Urinary System Cancer Information</b>		
Us Too! International	<a href="http://www.ustoo.com">www.ustoo.com</a>	Site devoted to <b>prostate cancer</b> patients and their family members. Visitors can find information on treatment options, advocacy, and support groups. 1-800-80-US-TOO
Prostate Cancer Research Institute  (Spanish Text)	<a href="http://www.prostate-cancer.org">www.prostate-cancer.org</a>	Provides facts about diagnosis, treatment, and available resources for <b>prostate cancer</b> patients and their family members. (310) 743-2116.
UrologyHealth.org The Official Website of the American Urological Association Foundation	<a href="http://www.urologyhealth.org">www.urologyhealth.org</a>	Site has information on cancerous conditions of the urologic system, such as cancers of the <b>prostate, kidney, bladder</b> . Also offers information on sexual function, BPH, UTI, and other non-cancerous conditions. 1-800-242-2383
United Ostomy Association	<a href="http://www.uoa.org">www.uoa.org</a>	Internet resource that provides education and support for people who have an ostomy, including a urostomy. 1-800-826-0826



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<b>Gastrointestinal Cancer Information</b>		
Pancreatic Cancer Action Network (PanCAN)	<a href="http://www.pancan.org">http://www.pancan.org</a>	Website offers patients and caretakers <b>pancreatic cancer</b> information and links to other helpful resources. Also has support and clinical trial information. 1-877-2-PANCAN
Colon Cancer Alliance	<a href="http://www.ccalliance.org">http://www.ccalliance.org</a>	Treatment information, research, advocacy, and support are offered through this site for those diagnosed with cancers of the <b>colon, rectum, appendix</b> and <b>anus</b> and their family and friends. 1-877-422-2030
<b>Skin Cancer Information</b>		
The Skin Cancer Foundation	<a href="http://www.skincancer.org">www.skincancer.org</a>	Provides information about <b>skin cancer</b> prevention, screening, and treatment. 1-800-SKIN-490
American Academy of Dermatology (AAD)  (Spanish text)	<a href="http://www.aad.org">www.aad.org</a>	This website has a public center for patient information on <b>skin cancer</b> and other skin diseases. This includes information on skin cancer screenings, sun safety resources, and how to find a dermatologist in your area.

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<b>Leukemia, Lymphoma, and Hematologic Cancer Information</b>		
The Leukemia & Lymphoma Society  (Spanish, French and Portuguese Text)	<a href="http://www.leukemia-lymphoma.org">www.leukemia-lymphoma.org</a>	Site offers diagnosis, treatment, clinical trials, and support services for <b>leukemia, lymphoma, Non-Hodgkin's disease, Hodgkin's disease</b> and <b>multiple myeloma</b> patients and their family members. <i>Live Patient Help</i> is available 10-5pm ET. 1-800-955-4572
Lymphoma Research Foundation  (Link to Spanish and Asian Text)	<a href="http://www.lymphoma.org">www.lymphoma.org</a>	Research, advocacy, educational and support programs are offered through this site for those diagnosed with <b>Hodgkin's</b> and <b>Non-Hodgkin's Lymphomas</b> . 1-800-500-9976
National Marrow Donor Program  (Spanish and Asian Text)	<a href="http://www.marrow.org">www.marrow.org</a>	Website offers <b>bone marrow</b> and <b>blood stem cell transplant</b> information for possible donors and recipients, including education, support, and financial assistance. 1-800-MARROW-2

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<b>General Health Organizations &amp; Information Services</b>		
National Institutes of Health (NIH)  (Spanish Text)	<a href="http://www.nih.gov">www.nih.gov</a>	Main website of the NIH. Offers links to NIH centers and other sites, also has statistics on cancer and other health issues. (301) 496-4000
MedlinePlus  (Spanish Text)	<a href="http://www.medlineplus.gov">www.medlineplus.gov</a>	Service of the National Library of Medicine and National Institutes of Health that provides health information on many topics including cancer, drug information, a medical encyclopedia, and a dictionary. 1-888-346-3656
PubMed	<a href="http://www.ncbi.nlm.nih.gov/sites/entrez/">http://www.ncbi.nlm.nih.gov/sites/entrez/</a>	National Library of Medicine service that searches journal articles and abstracts based on your requests. 1-888-346-3656
Food & Drug Administration (FDA)  (Spanish Text)	<a href="http://www.fda.gov">www.fda.gov</a>	Home site of the FDA. Offers information on approved drugs, diagnostic tests, and current studies being done to advance medicine. 1-888-INFO-FDA
Centers for Disease Control & Prevention (CDC)  (Spanish Text)	<a href="http://www.cdc.gov/">http://www.cdc.gov/</a>	Home site of the CDC. Includes a wide-range of health information and access to the Morbidity/Mortality reports and other statistics. 1-800-311-3435

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Site	Address	Description
<b>General Health Organizations &amp; Information Services (Continued)</b>		
NOAH: New York Online Access to Health  (Spanish Text)	<a href="http://www.noah-health.org/">http://www.noah-health.org/</a>	Search for health topics like Complementary and Alternative Medicine and get links to many health organizations. The website can be viewed in English and Spanish.
Discovery Health Channel	<a href="http://health.discovery.com">http://health.discovery.com</a>	Discovery Channel's website that has a health encyclopedia, drug reference center, diet and nutrition section, interactive tools, and expert advice.
NIH Senior Health.gov	<a href="http://nihseniorhealth.gov/">http://nihseniorhealth.gov/</a>	Health information offered by the National Institutes of Health including <b>breast, colon, leukemia, lung, skin</b> and <b>prostate cancer</b> information. Visitors can adjust text size and contrast, and listen to information.
MedicineNet.com	<a href="http://www.medicinenet.com">www.medicinenet.com</a>	Source for information on a variety of diseases and conditions including cancer. This website has a dictionary, drug information, message boards, and medical pod casts in MP3 format.
EverdayHealth.com  *On the home page visit <b>What's Happening on The Everyday Health Network</b> for a network site like <b>CarePages</b> where you connect and create a personal web page.	<a href="http://www.everydayhealth.com">www.everydayhealth.com</a>	Site with health information, expert advice, health tools like a symptom checker, blogs, and support groups. <b>Also create a free, personalized CarePage made available through Fox Chase Cancer Center at <a href="http://www.carepages.com/fccc">www.carepages.com/fccc</a>.</b>

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Site	Address	Description
<b>Other Health Issues</b>		
National Institute of Health Osteoporosis and Related Bone Diseases  (Spanish and Asian Text)	<a href="http://www.niams.nih.gov/Health_Info/Bone">www.niams.nih.gov/Health_Info/Bone</a>	Resource database that has links for health professionals, patients, and the general public on health topics such as <b>osteoporosis and bone health</b> . 1-800-624-BONE
National Osteoporosis Foundation (NOF)	<a href="http://www.nof.org">www.nof.org</a>	Site devoted to the education of <b>osteoporosis</b> prevention, diagnosis, and treatment including support services. Also includes a section on men and osteoporosis. (202) 223-2226
<b>Complementary and Alternative Medicine Information</b>		
National Center for Complementary and Alternative Medicine (NCCAM)  (Spanish Text)	<a href="http://nccam.nih.gov">http://nccam.nih.gov</a>	Government site funded by the NIH. NCCAM includes information on a variety of complementary and alternative medicines and ways to evaluate the safety of these therapies. 1-888-644-6226
Quackwatch	<a href="http://www.quackwatch.org">www.quackwatch.org</a>	Site devoted to complementary and alternative medicine with information on current medical/health information scams. This site is affiliated with the National Council Against Health Fraud.

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National Cancer Institute's Office of Cancer Complementary and Alternative Medicine (OCCAM)	<a href="http://www.cancer.gov/cam">www.cancer.gov/cam</a>	Internet resources from the NCI to communicate with the general public, health professionals, and researchers about complementary and alternative medicine cancer issues.
<b>Risk Assessment and Health Promotion</b>		
Mayo Clinic	<a href="http://www.mayoclinic.com">www.mayoclinic.com</a>	Health education for patients and the general public. Offers access to the experience and knowledge of the experts at the Mayo Clinic.
Intelihealth	<a href="http://www.intelihealth.com">www.intelihealth.com</a>	Site with health information including health news and content, access to tracker and risk assessment tools. Also has an "Ask the Expert" section.
Your Cancer Risk  (Spanish Text)	<a href="http://www.yourdiseaserisk.wustl.edu/">http://www.yourdiseaserisk.wustl.edu/</a>	Service of Washington University in St. Louis for Cancer Prevention. Estimates the risk of cancer based on science and proven risk factors. This site also has personalized tips for prevention.
Cancer Research and Prevention Foundation: Prevention First	<a href="http://www.preventcancer.org">www.preventcancer.org</a>	Information about prevention and early detection of cancer. Also offers information about children's health.

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Site	Address	Description
<b>Risk Assessment and Health Promotion (Continued)</b>		
WebMD	<a href="http://www.webmd.com">www.webmd.com</a>	Provides access to health news, articles, research reports, health specific information and support communities. Also has interactive tools and programs to help people play an active role in their health care.
MyOptumHealth.com	<a href="http://www.myoptumhealth.com">www.myoptumhealth.com</a>	This site offers health news and information to help people manage their health. It has interactive tools, a symptom checker, find a doctor and a personal health record to track a patient's health history.
American Institute for Cancer Research (AICR)	<a href="http://www.aicr.org">www.aicr.org</a>	This website has information about diet and cancer. AICR supports cancer research and prevention education. Visitors can find information, support resources, order free pamphlets, view recipes and speak with a registered dietician by e-mail or phone.
Food and Nutrition Information Center (FNIC)	<a href="http://www.nal.usda.gov/fnic">www.nal.usda.gov/fnic</a>	As part of the United States Department of Agriculture, FNIC offers links and resources for information about food and nutrition. Topics include nutrition guidelines, dietary supplements, and information about nutrition and cancer. (310) 504-5719

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Site	Address	Description
<b>Smoking Cessation</b>		
Smokefree.gov	<a href="http://www.smokefree.gov">www.smokefree.gov</a>	Website offers science-driven tools, information, and support that can help smokers quit. You will find an expert to chat live with, state and national resources, free materials, and quitting advice from the National Cancer Institute (NCI) and its partners. 1-800-4-CANCER
American Lung Association (ALA)'s Quit Smoking  (Spanish Text)	<a href="http://www.lungusa.org">www.lungusa.org</a>	The ALA's website offers information on how to quit smoking including support, state legislative acts on tobacco issues and the Freedom From Smoking Online program. This program can help you develop a quit plan, deal with withdraw symptoms, control weight gain, manage stress and stay smoke-free. 1-800-LUNG-USA
Office of the Surgeon General of the United States	<a href="http://www.surgeongeneral.gov/tobacco">www.surgeongeneral.gov/tobacco</a>	Information on the latest ways to treat tobacco use and dependence. Also offers information for women as well as pregnant women.